



SOUNDTRACK OF MY LIFE



1. Brainstorm a list of the most meaningful moments in your life (thus far). What events have shaped who you are, what you believe, and how you view the world? Some examples can be: the day you were born, your first day of kindergarten, winning an important sporting event, acing a test, performing in a concert, a special family vacation, etc.
2. Select at least 8 of the most important moments from your list and put them in chronological order.
3. Link each of these events to a different song. It can match the feelings and emotions of the event or the activity itself.
4. Write two sentences for each song explaining why you chose that particular song to go with each event.
5. Write a paragraph introducing yourself to the “listener.” This should just be a brief, autobiographical paragraph about who you are. In the second paragraph, explain your soundtrack to your listeners. What is this soundtrack doing/explaining about you? What do you want the listeners to get out of hearing/reading about your soundtrack? Finally, in your conclusion, thank the listeners for “sharing” these meaningful life experiences with you.
6. Design an “album cover” either with pictures you find or ones that you draw yourself. On the back of the cover include the list of songs you chose.

Your final product should look like a card: fold a piece of paper in half. The front should be the album design. The inside will include your introduction to the listener. The back page will be your song list in order. On a separate piece of paper you will explain why you chose each song.