



Parent Education Resources and Events
presents

Screens & Memes: Understanding Your Child's Digital Life

RSVP: bit.ly/KidsDigitalLife

Admission is Free!

Tuesday, October 9, 2018

7:00 - 8:30pm

Raymond Fisher Middle School

Multi Purpose Room MPR

19195 Fisher Ave, Los Gatos, CA 95032



Topics include the evolving digital landscape and current trends

Emotional and psychological responses to technology and social media

Responding to challenging issues, such as techno-perfection, digital distraction, sleep, and sexting

Strategies to engage your child with constructive conversation and promote media balance for the entire family

Gloria Moskowitz-Sweet, PPSC, LCSW was a university lecturer for 20 years and has over 30 years of experience as a school social worker, specializing in the social emotional well being of children and teens.

My Digital TAT2 has worked with over 20,000 Bay Area students, parents, and educators, facilitating discussions about the role of social media in their lives.

My Digital TAT2 is a non-profit organization. Learn about our mission and how to support our work:
www.mydigitaltat2.org

The Parenting Continuum is a community alliance empowering parents to nurture the whole child and the whole family; focusing on providing parent education and resources to parents of children in grades K-12. We are a group of volunteer parents who care and who want to bring awareness, support, and resources to support the navigation of our parenting journeys. www.parentingcontinuum.org