

VOLLEYBALL SKILLS CAMP



Space is limited so SIGN UP today!

WHO: Boys and Girls entering 5th through 8th grade

WHEN: July 7th-11th, 2014

COST: \$125

TIME: 1:00PM- 4:00PM

WHERE: Loma Prieta Gym- 23800 Summit Rd. Los Gatos, Ca 95033

WHAT: Camp will focus on teaching the basics of passing, serving, setting, spiking and digging within a framework of the 6 person indoors game. Each day will include warm-up, games and activities. Final day will include mini tourney and awards.

GEAR TO BRING:

Bring a water bottle, wear sweats over shorts and have good athletic shoes with good support for jumping. **Don't forget a snack for break time.**

COACHES:

Long time mountain resident and Volleyball coach, Norma Hammons, has over 30 years VB playing and coaching experience, many at CTE. She also coached at Los Gatos and Pioneer High, founded and ran South Valley VB Club.

Dana Williams, who has VB camp and high school coaching experience and has assisted her mom at camp for many years.

NAME OF PLAYER _____ GR IN FALL _____

PHONE () _____ EMAIL _____

EMERGENCY CONTACT _____

RELATIONSHIP _____ PH # _____

To register, fill out form and email to ndhammons@verizon.net and pay online at ctehsc.org or send with check made out to CTEHSC to:

Norma Hammons, 23496 Summit Rd., Los Gatos, Ca 95033. Questions, call 353-3326.